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Mr. Sohan Lal an alumnus of IHM Gurdaspur of its second batch in the year 1995-98 is in charge of the Food Production Department and is the Chef Instructor for Advanced Training Kitchen. He has 9 years of industry experience in hotel groups like Radisson and Park Plaza. Mr. Sohan Lal specializes in Indian Cuisine and also enjoys working in the Chinese section of the kitchen.

A native of Himachal Pradesh he is an ardent nature lover and he is loved by everyone for his ever smiling & ever approachable demeanour. He can create melodious tunes with his flute. He is responsible for the Mess operations; inter college competitions and alumni association of the institute.